



Date: 01.09.2009

Dear Nordic Walkers of Poland,

On behalf of the International Nordic Walking Federation I would like to congratulate PFNW and all of you who joined the Polish Nordic Walking Championships in Gniezno either as a participant or spectator.

I have been informed that you had in Gniezno about 300 participants in the Championships which in my mind is a very remarkable number keeping in mind that Nordic Walking still is a quite young physical activity in Poland.

It is great to see how fast Nordic Walking is now developing in Poland and your activities will definitely based on my experience pave the way for the increasing popularity of Nordic Walking in Poland.

At INWA we are very closely following the future development of Nordic Walking in Poland and look forward with great interest to seeing more and more people Nordic Walking towards a healthy lifestyle.

Best regards,

Aki Karihtala

President

International Nordic Walking Federation



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