



**PUCHAR POLSKI W NORDIC WALKING**

DYSTANS - 10 KM

|    |                      |            |                   |                  |      |        |  |  |  |  |  |  |    |  |    |    |  |  |  |    |
|----|----------------------|------------|-------------------|------------------|------|--------|--|--|--|--|--|--|----|--|----|----|--|--|--|----|
| 33 | OSTROWSKA            | AGNIESZKA  | ŁAŃCUT            |                  | 1984 | K30-39 |  |  |  |  |  |  |    |  |    | 22 |  |  |  | 22 |
| 34 | PARAFINIUK           | KRZYSZTOFA | SZTUM             | LKS ZANTYR SZTUM | 1980 | K30-39 |  |  |  |  |  |  | 10 |  | 10 |    |  |  |  | 20 |
| 35 | RACZYŃSKA            | EMILIA     | KOSZALIN          | SKKT PTTK PRESTO | 1980 | K30-39 |  |  |  |  |  |  | 9  |  |    |    |  |  |  | 9  |
| 35 | KOLASINSKA           | PATRYCJA   | ŁÓDŹ              | FOREVER YOUNG    | 1975 | K30-39 |  |  |  |  |  |  |    |  |    |    |  |  |  | 9  |
| 37 | KRAWCZAK             | ANETTA     | NOWA WIEŚ LĘBORSI |                  | 1975 | K30-39 |  |  |  |  |  |  | 8  |  |    |    |  |  |  | 8  |
| 37 | STELMASIAK-SZYMAŃSKA | MAGDALENA  | WĄGROWIEC         |                  | 1981 | K30-39 |  |  |  |  |  |  |    |  |    |    |  |  |  | 8  |
| 39 | ADAMSKA              | JOANNA     | WĄGROWIEC         |                  | 1977 | K30-39 |  |  |  |  |  |  |    |  |    |    |  |  |  | 7  |

**KATEGORIA WIEKOWA K40-49**

| Msc | Kat | NAZWISKO           | IMIĘ       | MIJSCOWOŚĆ      | KLUB                    | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | Łącznie |
|-----|-----|--------------------|------------|-----------------|-------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1   |     | KWIATKOWSKA        | BEATA      | SŁOMCZYN        |                         | 1972 | K40-49    | 100       |            | 80       |                         | 80        |        |                              |                            |                                 | 340     |
| 2   |     | SPYCHAŁA           | MARZENA    | BIAŁA           |                         | 1970 | K40-49    |           |            | 100      |                         |           | 100    |                              |                            |                                 | 200     |
| 3   |     | ŚCIEŚIŃSKA         | JUSTYNA    | OSIELSKO        | GOSIR NORDIC DEVELOPME  | 1971 | K40-49    | 50        | 30         | 45       |                         | 45        |        |                              |                            |                                 | 170     |
| 4   |     | TOMCZYKOWSKA       | AGNIESZKA  | WRZEŚNIA        |                         | 1973 | K40-49    |           |            | 40       |                         | 60        | 45     |                              |                            | 6                               | 151     |
| 5   |     | NIZIOŁ             | KATARZYNA  | GDAŃSK          |                         | 1974 | K40-49    |           |            |          |                         | 70        | 60     |                              |                            |                                 | 130     |
| 5   |     | DROZD              | MARIA      | KRUSZYNA        |                         | 1967 | K40-49    | 70        |            | 60       |                         |           |        |                              |                            |                                 | 130     |
| 7   |     | KĘDZIERSKA         | EDYTA      | GDAŃSK          | PFNW                    | 1974 | K40-49    | 60        |            |          |                         |           | 50     |                              |                            |                                 | 110     |
| 8   |     | DANIEK             | KATARZYNA  | BYSTRA          |                         | 1972 | K40-49    |           | 50         | 50       |                         |           |        |                              |                            |                                 | 100     |
| 8   |     | BIAŁAS             | BOŻENA     | ORZESZE         | KORONA ŚLĄSKA           | 1973 | K40-49    |           | 100        |          |                         |           |        |                              |                            |                                 | 100     |
| 8   |     | PELZNER            | ANETTA     | GRUDZIĄDZ       | ŁAZIKI GIM 4 GRUDZIADZ  | 1972 | K40-49    |           |            |          |                         | 100       |        |                              |                            |                                 | 100     |
| 11  |     | AMBROZIAK          | KATARZYNA  | SZYMANÓW        |                         | 1971 | K40-49    | 80        |            |          |                         |           |        |                              |                            |                                 | 80      |
| 11  |     | ŁOPATKIEWICZ       | BEATA      | KROSNO          |                         | 1966 | K40-49    |           | 80         |          |                         |           |        |                              |                            |                                 | 80      |
| 13  |     | WASILEWSKA         | JOANNA     | LUBIN           | NORDIC DEX LUBIN        | 1970 | K40-49    |           |            | 70       |                         |           |        |                              |                            |                                 | 70      |
| 13  |     | MANDZIUK           | MARTA      | BIAŁA PODLASKA  | PSW BIAŁA PODLASKA/KBBE | 1974 | K40-49    |           | 70         |          |                         |           |        |                              |                            |                                 | 70      |
| 13  |     | ADAMCZEWSKA        | MARIA      | ŁÓDŹ            | FOREVER YOUNG ŁÓDŹ      | 1970 | K40-49    |           |            |          |                         | 70        |        |                              |                            |                                 | 70      |
| 16  |     | KIWAK              | ANNA       | KOLBUSZOWA      | KOLBUSZOWSKI KLUB NORD  | 1973 | K40-49    |           | 60         |          |                         |           |        |                              |                            |                                 | 60      |
| 17  |     | SZYMANOWSKA-PAWLAK | EWA        | OSIELSKO        | GOSIR NORDIC DEVELOPME  | 1966 | K40-49    |           |            |          |                         | 50        |        |                              |                            |                                 | 50      |
| 18  |     | POSTOLAK           | URSZULA    | LIGOTA PIĘKNA   | HAWANA WROCŁAW          | 1971 | K40-49    | 45        |            |          |                         |           |        |                              |                            |                                 | 45      |
| 18  |     | BARAN              | BEATA      | SZYMBARK        |                         | 1972 | K40-49    |           | 45         |          |                         |           |        |                              |                            |                                 | 45      |
| 20  |     | WISNIEWSKA         | TAMARA     | SANDOMIERZ      | NORDIC ACTIVE           | 1965 | K40-49    |           | 40         |          |                         |           |        |                              |                            |                                 | 40      |
| 20  |     | JUSTYNA            | ŚCIESIŃSKA | OSIELSKO        | GOSIR NORDIC DEVELOPM   | 1971 | K40-49    |           |            |          |                         | 40        |        |                              |                            |                                 | 40      |
| 22  |     | NOGA               | MAŁGORZATA | KROŚNICE        | STOWARZYSZENIE BONA FID | 1966 | K40-49    |           |            | 35       |                         |           |        |                              |                            |                                 | 35      |
| 22  |     | KUŚNIERZ           | MAGDALENA  | GORLICE         | DAM RADE                | 1971 | K40-49    |           | 35         |          |                         |           |        |                              |                            |                                 | 35      |
| 22  |     | LITKOWSKA          | DANUTA     | OSIELSKO        | GOSIR NORDIC DEVELOPM   | 1971 | K40-49    |           |            |          |                         | 35        |        |                              |                            |                                 | 35      |
| 25  |     | KRYGIEL            | MARIA      | OSIELSKO        | GOSIR NORDIC DEVELOPM   | 1966 | K40-49    |           |            |          |                         | 30        |        |                              |                            |                                 | 30      |
| 26  |     | REIZER             | AGNIESZKA  | ŁAŃCUT          |                         | 1971 | K40-49    |           | 25         |          |                         |           |        |                              |                            |                                 | 25      |
| 26  |     | KOPCZYK            | BOŻENA     | MALBORK         | POCHODZĘ Z MALBORKA     | 1965 | K40-49    |           |            |          | 8                       |           |        | 9                            |                            | 8                               | 25      |
| 28  |     | FLEJSZAR           | ANNA       | ŁŃCUT           |                         | 1970 | K40-49    |           | 24         |          |                         |           |        |                              |                            |                                 | 24      |
| 29  |     | SZENDOŁ            | DANUTA     | RADOMYŚL WIELKI | KOLBUSZOWSKI KLUB NORD  | 1965 | K40-49    |           | 23         |          |                         |           |        |                              |                            |                                 | 23      |
| 30  |     | ZACHARSKA          | JOANNA     | MIELEC          |                         | 1974 | K40-49    |           | 22         |          |                         |           |        |                              |                            |                                 | 22      |
| 31  |     | ROGACZEWSKA        | BARBARA    | SOWINA          | KOŁACZYCE               | 1965 | K40-49    |           | 21         |          |                         |           |        |                              |                            |                                 | 21      |
| 32  |     | ANDRZEJUK          | BOŻENA     | DRELÓW          | GRUPA SPOMLLEK NW RAD   | 1969 | K40-49    |           | 20         |          |                         |           |        |                              |                            |                                 | 20      |
| 33  |     | DUDEK              | DOROTA     | RADOMYŚL WIELKI | KOLBUSZOWSKI KLUB NORD  | 1970 | K40-49    |           | 19         |          |                         |           |        |                              |                            |                                 | 19      |
| 33  |     | PEŁKA              | IWONA      | KOSZALIN        |                         | 1968 | K40-49    |           |            |          | 10                      |           |        |                              | 9                          |                                 | 19      |
| 35  |     | JAMRÓZ             | HALINA     | ŁAŃCUT          |                         | 1973 | K40-49    |           | 18         |          |                         |           |        |                              |                            |                                 | 18      |
| 36  |     | ZYKUBEK            | ANNA       | RADZYŃ PODLASKI | GRUPA SPOMLEK NW RADZ   | 1970 | K40-49    |           | 17         |          |                         |           |        |                              |                            |                                 | 17      |
| 37  |     | STOLARZ            | ALICJA     | MIELEC          |                         | 1965 | K40-49    |           | 16         |          |                         |           |        |                              |                            |                                 | 16      |
| 38  |     | SADLAK             | RENATA     | MIELEC          |                         | 1971 | K40-49    |           | 15         |          |                         |           |        |                              |                            |                                 | 15      |
| 39  |     | KOŁODZIEJCZAK      | BEATA      | SOCHACZEW       | SOCHO TEAM              | 1973 | K40-49    |           |            |          |                         |           | 10     |                              |                            |                                 | 10      |
| 39  |     | KOSIANOWSKA        | MONIKA     | MALBORK         | " POCHODZĘ Z MALBORKA " | 1969 | K40-49    |           |            |          |                         |           |        |                              | 10                         |                                 | 10      |
| 39  |     | GOGOLEWSKA         | MAŁGORZATA | WĄGROWIEC       | GOGOLMTB TEAM           | 1966 | K40-49    |           |            |          |                         |           |        |                              |                            | 10                              | 10      |
| 42  |     | GÓRAL              | MARZENA    | ŻALNO           |                         | 1970 | K40-49    |           |            |          | 9                       |           |        |                              |                            |                                 | 9       |
| 42  |     | DEKIERT-ADAMSKA    | MAŁGORZATA | LUBOŃ           | DRUŻYNA SZPIKU          | 1970 | K40-49    |           |            |          |                         |           |        |                              |                            | 9                               | 9       |
| 44  |     | PEŁKA              | IWONA      | KOSZALIN        |                         | 1968 | K40-49    |           |            |          |                         |           |        | 8                            |                            |                                 | 8       |



**PUCHAR POLSKI W NORDIC WALKING**

DYSTANS - 10 KM

**KATEGORIA WIEKOWA K60-69**

| Msc Kat | NAZWISKO           | IMIĘ       | MIEJSCOWOŚĆ    | KLUB                     | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | łącznie |
|---------|--------------------|------------|----------------|--------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1       | PASZKIEWICZ-KĘSIĄK | ANITA      | ŁÓDŹ           | FOREVER YOUNG ŁÓDŹ       | 1953 | K60-69    | 70        | 80         |          |                         | 100       | 80     |                              |                            |                                 | 330     |
| 1       | KOCHANIAK          | MARIA      | ŁÓDŹ           | FOREVER YOUNG ŁÓDŹ       | 1953 | K60-69    | 60        | 100        |          |                         | 70        | 100    |                              |                            |                                 | 330     |
| 3       | WORONKO-ZACZYŃSKA  | JANINA     | LUBIN          | NORDIC DEX LUBIN         | 1946 | K60-69    | 50        |            | 80       |                         |           | 70     |                              |                            | 10                              | 210     |
| 4       | KURZAWSKA          | JOLANTA    | LUBIN          | NORDIC DEX LUBIN         | 1949 | K60-69    | 100       |            | 100      |                         |           |        |                              |                            |                                 | 200     |
| 5       | STAWNIAK           | WANDA      | ŻNIN           | UTW ŻNIN                 | 1951 | K60-69    |           |            |          |                         | 60        | 60     |                              |                            | 8                               | 128     |
| 6       | DEC                | CZESŁAWA   | ŚCINAWA        |                          | 1953 | K60-69    | 80        |            |          |                         |           |        |                              |                            |                                 | 80      |
| 6       | WAŁECKA            | KRYSTYNA   | BRANIEWO       |                          | 1954 | K60-69    |           |            |          |                         | 80        |        |                              |                            |                                 | 80      |
| 8       | HARTMAN            | JADWIGA    | POLANICA-ZDRÓJ | KLUB SENIORA POLANICA ZI | 1953 | K60-69    |           |            | 70       |                         |           |        |                              |                            |                                 | 70      |
| 8       | LASOCIŃSKA         | EWA        | LEŻAJSK        |                          | 1946 | K60-69    |           | 70         |          |                         |           |        |                              |                            |                                 | 70      |
| 10      | KNYŚCIN            | EWA        | POLANICA-ZDRÓJ | KLUB SENIORA POLANICA ZI | 1951 | K60-69    |           |            | 60       |                         |           |        |                              |                            |                                 | 60      |
| 10      | RYBA               | KRYSTYNA   | ROP CZYCE      |                          | 1952 | K60-69    |           | 60         |          |                         |           |        |                              |                            |                                 | 60      |
| 12      | PODUBNY            | KRYSTYNA   | LEŻAJSK        |                          | 1954 | K60-69    |           | 50         |          |                         |           |        |                              |                            |                                 | 50      |
| 12      | KLIMOWSKA          | STANISŁAWA | RYPIN          | MOSIR RYPIN              | 1946 | K60-69    |           |            |          |                         | 50        |        |                              |                            |                                 | 50      |
| 14      | SIMKO              | LUDMIŁA    | LEŻAJSK        | WŁÓCZYKIJE LEŻAJSK       | 1952 | K60-69    |           | 45         |          |                         |           |        |                              |                            |                                 | 45      |
| 14      | SOBOCINSKA         | EWA        | RYPIN          | MOSIR RYPIN              | 1946 | K60-69    |           |            |          |                         | 45        |        |                              |                            |                                 | 45      |
| 16      | MARCINKOWSKA       | RENATA     | SOCHACZEW      |                          | 1952 | K60-69    |           |            |          | 10                      |           |        | 10                           | 10                         | 9                               | 39      |
| 17      | ZAWADZKA           | MARIA      | LUBIN          | NORDIC DEX LUBIN         | 1951 | K60-69    |           |            |          |                         |           |        |                              |                            | 7                               | 7       |

**KATEGORIA WIEKOWA K70**

| Msc Kat | NAZWISKO | IMIĘ     | MIEJSCOWOŚĆ      | KLUB        | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | łącznie |
|---------|----------|----------|------------------|-------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1       | NOWAK    | ELŻBIETA | DĄBROWA - GÓRNIC | SOLIDARNOŚĆ | 1941 | K70       | 100       | 100        | 100      |                         | 100       | 100    |                              |                            |                                 | 500     |
| 2       | NAWROCKA | DANUTA   | DĄBROWA-GÓRNICZ  | SOLIDARNOŚĆ | 1938 | K70       | 100       |            |          |                         | 80        |        |                              |                            |                                 | 180     |

**KATEGORIA WIEKOWA M18-29**

| Msc Kat | NAZWISKO      | IMIĘ       | MIEJSCOWOŚĆ   | KLUB                    | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | łącznie |
|---------|---------------|------------|---------------|-------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1       | PSUT          | ROBERT     | ŁÓDŹ          | FOREVER YOUNG ŁÓDŹ      | 1991 | M18-29    | 100       | 80         | 100      |                         | 100       |        |                              |                            |                                 | 380     |
| 2       | MICHALEC      | MARCIN     | KROSNO        | KKB MOSIR KROSNO        | 1988 | M18-29    |           | 100        |          |                         |           |        |                              |                            |                                 | 100     |
| 3       | POSTOLAK      | WOJCIECH   | LIGOTA PIĘKNA | MKS MOS WROCŁAW         | 1996 | M18-29    | 80        |            |          |                         |           |        |                              |                            |                                 | 80      |
| 3       | JANKOWSKI     | JAKUB      | PRĘCZKI       | MOSIR RYPIN             | 1994 | M18-29    |           |            |          |                         | 80        |        |                              |                            |                                 | 80      |
| 5       | GUZOWSKI      | MACIEJ     | LEŻAJSK       | WŁÓCZYKIJE LEŻAJSK      | 1987 | M18-29    |           | 70         |          |                         |           |        |                              |                            |                                 | 70      |
| 6       | BABIŃSKI      | DAWID      | MALBORK       | POCHODZĘ Z MALBORKA     | 1993 | M18-29    |           |            |          | 10                      |           |        | 10                           | 10                         |                                 | 30      |
| 7       | BAKOWSKI      | PAWEŁ      | GNIEZNO       | STOWARZYSZENIE "OŚLA ŁA | 1987 | M18-29    |           |            |          |                         |           |        |                              |                            | 10                              | 10      |
| 8       | WIERCHANOWSKI | BARTŁOMIEJ | GOLCZEWO      |                         | 1994 | M18-29    |           |            |          |                         |           |        |                              | 9                          |                                 | 9       |

**KATEGORIA WIEKOWA M30-39**

| Msc Kat | NAZWISKO   | IMIĘ      | MIEJSCOWOŚĆ | KLUB                     | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | łącznie |
|---------|------------|-----------|-------------|--------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1       | BIŁEK      | ARTUR     | LUBLINIEC   | NORDIC WALKING LUBLINIEC | 1983 | M30-39    | 100       | 100        |          |                         | 100       | 80     |                              |                            |                                 | 380     |
| 2       | SCHRÖDER   | KAROL     | KATOWICE    | ICEBUG TEAM              | 1975 | M30-39    | 80        | 80         | 100      |                         | 60        |        |                              |                            | 10                              | 330     |
| 3       | RACZYŃSKI  | KAZIMIERZ | KOSZALIN    | PTTK KOSZALIN            | 1976 | M30-39    | 70        |            |          | 9                       | 50        | 70     | 9                            | 9                          | 9                               | 226     |
| 4       | TOFIL      | ADRIAN    | GDYNIA      | CERMAG POZNAŃ            | 1977 | M30-39    |           |            |          |                         | 80        | 100    |                              |                            |                                 | 180     |
| 5       | SZKLARSKI  | JAROSŁAW  | TRZEBNICA   | RIGHTWAY                 | 1976 | M30-39    | 50        |            | 60       |                         |           |        |                              |                            |                                 | 110     |
| 6       | PEŁCZYŃSKI | KONRAD    | WAŁBRZYCH   | MTB VOTUM TEAM WROCŁ     | 1980 | M30-39    |           |            | 80       |                         |           |        |                              |                            |                                 | 80      |



**PUCHAR POLSKI W NORDIC WALKING**

DYSTANS - 10 KM

**KATEGORIA WIEKOWA M50-59**

| Msc | Kat | NAZWISKO      | IMIĘ       | MIEJSCOWOŚĆ       | KLUB                   | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | Łącznie |
|-----|-----|---------------|------------|-------------------|------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1   |     | PUSZKIEL      | LESZEK     | ZIELONA GÓRA      | GREEN TEAM ZIELONA GÓR | 1957 | M50-59    |           |            | 100      |                         | 100       | 100    |                              |                            |                                 | 300     |
| 2   |     | PAZUREK       | ZDZISŁAW   | SKIERNIEWICE      |                        | 1956 | M50-59    | 100       | 60         | 80       |                         |           |        |                              |                            |                                 | 240     |
| 3   |     | BAJ           | STANISŁAW  | ŚCINAWA           | ŚCINAWSKA GRUPA NORDIC | 1958 | M50-59    | 70        |            | 70       |                         |           |        |                              | 5                          |                                 | 145     |
| 4   |     | MOSKA         | WALDEMAR   | WEJHEROWO         | AWFIS GDAŃSK           | 1962 | M50-59    |           |            |          |                         | 70        | 60     |                              |                            |                                 | 130     |
| 5   |     | MACIĄG        | ANDRZEJ    | WROCLAW           | ACTEAM                 | 1959 | M50-59    | 60        |            | 60       |                         |           |        |                              |                            |                                 | 120     |
| 6   |     | WIŚNIEWSKI    | JACEK      | SANDOMIERZ        | NORDIC ACTIVE          | 1964 | M50-59    |           | 100        |          |                         |           |        |                              |                            |                                 | 100     |
| 7   |     | DOROSZUK      | ANDRZEJ    | WROCLAW           |                        | 1961 | M50-59    | 80        |            |          |                         |           |        |                              |                            |                                 | 80      |
| 7   |     | CZŁAPSKI      | KRZYSZTOF  | CIECHANÓW         |                        | 1963 | M50-59    |           | 80         |          |                         |           |        |                              |                            |                                 | 80      |
| 7   |     | KLAWITER      | JAROSŁAW   | GRUDZIĄDZ         | ŁAZIKI GIMNAZJUM 4     | 1962 | M50-59    |           |            |          |                         | 80        |        |                              |                            |                                 | 80      |
| 7   |     | KOCH          | PIOTR      | MOGIŁNO           |                        | 1962 | M50-59    |           |            |          |                         |           | 80     |                              |                            |                                 | 80      |
| 11  |     | STEMPNIAK     | BOGDAN     | POZNAN            |                        | 1962 | M50-59    |           |            |          |                         |           | 70     |                              |                            | 4                               | 74      |
| 12  |     | SKWIRUT       | JERZY      | RYMANÓW           |                        | 1961 | M50-59    |           | 70         |          |                         |           |        |                              |                            |                                 | 70      |
| 13  |     | STANKIEWICZ   | JERZY      | GRUDZIĄDZ         | GRUDZIĄDZ              | 1955 | M50-59    |           |            |          |                         | 60        |        |                              |                            |                                 | 60      |
| 14  |     | ZAWADZKI      | ANDRZEJ    | LUBIN             | NORDIC DEX LUBIN       | 1960 | M50-59    |           |            | 50       |                         |           |        |                              |                            | 3                               | 53      |
| 15  |     | KWIECIEŃ      | MIROSŁAW   | RZESZÓW           |                        | 1958 | M50-59    |           | 50         |          |                         |           |        |                              |                            |                                 | 50      |
| 15  |     | TROJAK        | ANDRZEJ    | RYPIN             | MOSIR RYPIN            | 1956 | M50-59    |           |            |          |                         |           | 50     |                              |                            |                                 | 50      |
| 17  |     | LITYŃSKI      | PIOTR      | POZNAŃ            |                        | 1958 | M50-59    |           |            | 45       |                         |           |        |                              |                            |                                 | 45      |
| 17  |     | MOCZARSKI     | MIROSŁAW   | LEŻAJSK           | WŁÓCZYKIE LEŻAJSK      | 1961 | M50-59    |           | 45         |          |                         |           |        |                              |                            |                                 | 45      |
| 19  |     | KUCIŃSKI      | ALEKSANDER | KATOWICE          | -                      | 1957 | M50-59    |           | 40         |          |                         |           |        |                              |                            |                                 | 40      |
| 20  |     | PLUTA         | STANISŁAW  | KRASNE            |                        | 1957 | M50-59    |           | 35         |          |                         |           |        |                              |                            |                                 | 35      |
| 21  |     | PEŁKA         | JANUSZ     | KOSZALIN          |                        | 1961 | M50-59    |           |            |          | 9                       |           |        | 10                           | 8                          |                                 | 27      |
| 22  |     | MANIA         | IRENEUSZ   | ŁEBA              | MORS ŁEBA              | 1960 | M50-59    |           |            |          | 7                       |           |        | 9                            | 4                          |                                 | 20      |
| 23  |     | WOROCH        | ROMAN      | DOPIEWO           |                        | 1958 | M50-59    |           |            |          |                         |           |        |                              | 10                         | 9                               | 19      |
| 24  |     | KOŚCIELNIAK   | ROBERT     | KOSZALIN          |                        | 1964 | M50-59    |           |            |          | 8                       |           |        |                              | 7                          |                                 | 15      |
| 25  |     | BIERKUS       | MIROSŁAW   | KOSZALIN          | TKKF KOSZALIN          | 1956 | M50-59    |           |            |          | 10                      |           |        |                              |                            |                                 | 10      |
| 25  |     | SIWAK         | PIOTR      | RUDNA             | NORDIC DEX LUBIN       | 1961 | M50-59    |           |            |          |                         |           |        |                              |                            | 10                              | 10      |
| 27  |     | ANACZKOWSKI   | MIROSŁAW   | SZTUM             | LKS ZANTYR SZTUM       | 1956 | M50-59    |           |            |          |                         |           |        |                              | 9                          |                                 | 9       |
| 28  |     | LENZ          | ANDRZEJ    | GNIEZNO           | ALTOM                  | 1963 | M50-59    |           |            |          |                         |           |        |                              |                            | 8                               | 8       |
| 29  |     | WILCZYŃSKI    | KRZYSZTOF  | POZNAŃ            |                        | 1960 | M50-59    |           |            |          |                         |           |        |                              |                            | 7                               | 7       |
| 30  |     | WIERCHANOWSKI | BOGDAN     | GOLCZEWO          |                        | 1958 | M50-59    |           |            |          |                         |           |        |                              | 6                          |                                 | 6       |
| 30  |     | JANS          | ROBERT     | KUŚLIN            |                        | 1963 | M50-59    |           |            |          |                         |           |        |                              |                            | 6                               | 6       |
| 32  |     | SZWED         | JACEK      | WITKOWO           |                        | 1958 | M50-59    |           |            |          |                         |           |        |                              |                            | 5                               | 5       |
| 33  |     | SOŁOWCZUK     | MIECZYŚLAW | SZCZECIN          |                        | 1955 | M50-59    |           |            |          |                         |           |        |                              | 3                          |                                 | 3       |
| 34  |     | LIPKO         | GRZEGORZ   | STARGARD SZCZECIŃ | LIPKO TEAM             | 1958 | M50-59    |           |            |          |                         |           |        |                              | 2                          |                                 | 2       |
| 34  |     | KRAUSE        | STANISŁAW  | RAKOWNIA          |                        | 1958 | M50-59    |           |            |          |                         |           |        |                              |                            | 2                               | 2       |
| 36  |     | ŚLIWIŃSKI     | ZBIGNIEW   | RAKOWNIA          |                        | 1961 | M50-59    |           |            |          |                         |           |        |                              |                            | 1                               | 1       |

**KATEGORIA WIEKOWA M60-69**

| Msc | Kat | NAZWISKO    | IMIĘ      | MIEJSCOWOŚĆ       | KLUB                   | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | Łącznie |
|-----|-----|-------------|-----------|-------------------|------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1   |     | CZYCZ       | KAZIMIERZ | ZIELONA GÓRA      | GREEN TEAM             | 1954 | M60-69    | 50        | 60         | 70       |                         | 60        | 100    |                              |                            |                                 | 340     |
| 2   |     | SZNAJDER    | ZENON     | RYBNIK            | FORMA                  | 1952 | M60-69    | 70        | 80         | 80       |                         | 30        | 45     |                              |                            |                                 | 305     |
| 3   |     | WROŃSKI     | PIOTR     | WARSZAWA          | PFNW                   | 1952 | M60-69    | 80        | 100        |          |                         | 50        | 70     |                              |                            |                                 | 300     |
| 4   |     | STAWNIAK    | KAROL     | ŻNIN              | UTW ŻNIN               | 1948 | M60-69    | 100       |            |          | 8                       | 70        | 80     | 7                            | 8                          | 9                               | 282     |
| 5   |     | ŚLUSARCZYK  | ANDRZEJ   | PRUDNIK           | WESOŁY BORSUK TEAM     | 1950 | M60-69    | 60        | 70         | 60       |                         | 40        | 50     |                              |                            |                                 | 280     |
| 6   |     | KUBICKI     | BERNARD   | LUBIN             | DEX LUBIN              | 1951 | M60-69    |           |            | 100      |                         | 80        |        |                              |                            |                                 | 180     |
| 7   |     | KULIG       | HENRYK    | ELBLĄG            | ELBLĄSKIE WŁÓCZY-KIJE  | 1952 | M60-69    |           |            |          | 9                       | 100       |        | 8                            | 9                          |                                 | 126     |
| 8   |     | DONIGIEWICZ | JANUSZ    | BRZEG             | NORDIC WALKING KRUSZYN | 1954 | M60-69    | 45        |            | 50       |                         |           |        |                              |                            |                                 | 95      |
| 9   |     | BIAŁK       | ROMAN     | GDAŃSK            |                        | 1951 | M60-69    |           |            |          | 7                       |           | 60     | 6                            |                            |                                 | 73      |
| 10  |     | WIAK        | WACŁAW    | BYSTRZYCA KŁODZKA |                        | 1947 | M60-69    | 35        |            | 30       |                         |           |        |                              |                            |                                 | 65      |

**PUCHAR POLSKI W NORDIC WALKING**

DYSTANS - 10 KM

|    |               |           |                 |      |        |    |    |  |  |    |  |    |    |    |  |    |  |    |    |
|----|---------------|-----------|-----------------|------|--------|----|----|--|--|----|--|----|----|----|--|----|--|----|----|
| 11 | DYLEWSKI      | ANDRZEJ   | DĄBROWA GÓRNICZ | 1952 | M60-69 | 30 | 30 |  |  |    |  |    |    |    |  |    |  |    | 60 |
| 12 | ŚRENIOWSKI    | JÓZEK     | ŁÓDŹ            | 1947 | M60-69 |    | 50 |  |  |    |  |    |    |    |  |    |  |    | 50 |
| 13 | MAZUR         | ZBIGNIEW  | LESZNO          | 1950 | M60-69 |    |    |  |  | 45 |  |    |    |    |  |    |  |    | 45 |
| 13 | DĄBROWSKI     | ANDRZEJ   | DĘBLIN          | 1949 | M60-69 |    |    |  |  | 45 |  |    |    |    |  |    |  |    | 45 |
| 13 | SIEMIĄTKOWSKI | BOGDAN    | WRZEŚNIA        | 1953 | M60-69 |    |    |  |  |    |  | 45 |    |    |  |    |  |    | 45 |
| 16 | RATAŁ         | ZBIGNIEW  | WROCŁAW         | 1954 | M60-69 | 40 |    |  |  |    |  |    |    |    |  |    |  |    | 40 |
| 16 | KAWKA         | MAREK     | KŁODZKO         | 1953 | M60-69 |    |    |  |  | 40 |  |    |    |    |  |    |  |    | 40 |
| 16 | SIMKO         | ZBIGNIEW  | LEŻAJSK         | 1952 | M60-69 |    |    |  |  | 40 |  |    |    |    |  |    |  |    | 40 |
| 19 | MAJCHERCZYK   | KRZYSZTOF | CZELADZ         | 1952 | M60-69 |    |    |  |  |    |  | 35 |    |    |  |    |  |    | 35 |
| 19 | FEJDASZ       | JÓZEF     | KRASNE          | 1952 | M60-69 |    |    |  |  | 35 |  |    |    |    |  |    |  |    | 35 |
| 19 | BOGDAN        | WITOLD    | CIECHANÓW       | 1949 | M60-69 |    |    |  |  |    |  |    | 35 |    |  |    |  |    | 35 |
| 22 | KĘPA          | ANDRZEJ   | KOSZALIN        | 1951 | M60-69 |    |    |  |  | 10 |  |    |    | 10 |  | 10 |  |    | 30 |
| 23 | KOŁPAK        | JAN       | SZTUM           | 1948 | M60-69 |    |    |  |  |    |  |    |    | 9  |  | 7  |  |    | 16 |
| 24 | BOROWCZYK     | MARIAN    | POZNAŃ          | 1950 | M60-69 |    |    |  |  |    |  |    |    |    |  |    |  | 10 | 10 |
| 25 | WESOŁOWSKI    | WOJCIECH  | GNIEZNO         | 1952 | M60-69 |    |    |  |  |    |  |    |    |    |  |    |  | 8  | 8  |
| 26 | SZABKOWSKI    | MAREK     | WARSZAWA        | 1948 | M60-69 |    |    |  |  |    |  |    |    | 5  |  |    |  |    | 5  |

**KATEGORIA WIEKOWA M70**

| Msc | Kat | NAZWISKO    | IMIĘ       | MIEJSCOWOŚĆ | KLUB                   | ROK  | KATEGORIA | Trzebnica | Kolbuszowa | Polanica | Puchar Pomorza - SŁAWNO | Grudziądz | Pakość | Puchar Pomorza - JAROSŁAWIEC | Puchar Pomorza - WĘGORZYNO | Puchar Wielkopolski - WĄGROWIEC | łącznie |
|-----|-----|-------------|------------|-------------|------------------------|------|-----------|-----------|------------|----------|-------------------------|-----------|--------|------------------------------|----------------------------|---------------------------------|---------|
| 1   |     | ŚCIEŚIŃSKI  | HENRYK     | OSIELSKO    | GOSIR NORDIC DEVELOPME | 1943 | M70       | 100       | 80         | 80       |                         | 100       | 100    |                              |                            |                                 | 460     |
| 2   |     | MAJCHERCZYK | WACŁAW     | CZELADZ     | MOSIR CZELADZ          | 1943 | M70       |           |            | 100      |                         |           |        |                              |                            |                                 | 100     |
| 2   |     | OLENDEREK   | ZYGMUNT    | TARNOBRZEG  | NORDIC ACTIVE          | 1942 | M70       |           | 100        |          |                         |           |        |                              |                            |                                 | 100     |
| 4   |     | DROP        | MIECZYŚLAW | PAKOŚĆ      |                        | 1939 | M70       |           |            |          |                         | 80        |        |                              |                            |                                 | 80      |